

Investiture of Lifesaving Honours LIFESAVING COMMENDATION CERTIFICATE OCTOBER 25TH, 2019 | GOVERNMENT HOUSE | EDMONTON, AB

## Ryleigh Kampman Kaitlyn Bouchard Marie Donohue Chantelle Reeh

Sikome Lake, Fish Creek Provincial Park, Calgary, AB – July 31st, 2019

THE LIFESAVING COMMENDATION CERTIFICATE is awarded to Lifesaving Society certified employees who, in the line of duty, perform a successful rescue in a life-threatening emergency requiring resuscitation. The rescuer responds to the emergency (aquatic or non-aquatic) with demonstrated judgment, knowledge and skill, which results in the saving of a life.

citations

On July 31<sup>st</sup>, 2019 Kaitlyn Bouchard, Marie Donohue, Chantelle Reeh and Ryleigh Kampman were working as Safety Ambassadors at Sikome Lake Aquatic Facility within Fish Creek Provincial Park. At approximately one o'clock in the afternoon as staff were doing their scheduled rotations, Ryleigh spotted a two-year-old girl floating face-down in the water. She counted to five to see if the little girl would come up, she did not move. Ryleigh called for backup and ran towards the little girl as a swimmer pulled the little girl's arm to check on her.

Ryleigh took the little girl from the swimmer and ran towards the shore. Ryleigh assessed the little girl and concluded that she was not breathing; immediately she started CPR. After 30 seconds of compressions, the little girl started to breathe again. A woman who identified herself as a nurse offered to help as Kaitlyn, Marie and Chantelle performed a secondary assessment. They suspected water in the little girl's lungs while continuing to monitor the little girl's airway, breathing and circulation. Eventually they sat the little girl up and she started to cry.

The little girl was treated for shock and wrapped in a towel to stay warm. Emergency Medical Services arrived on the scene within seven minutes of the start of the incident and transported the little girl along with her mother to the hospital. Paramedics returned later that day to inform staff that the little girl was recovering well.

For their quick response and outstanding effort, **Ryleigh Kampman**, **Kaitlyn Bouchard**, **Marie Donohue and Chantelle Reeh** are awarded the Lifesaving Commendation Certificate.