Chill 2024 hosted by the Wetaskiwin Orcas Lifesaving Club

- Short Course Age groups events
- Invitational
- Seeded by age group

Clubs Invited:

All Active Clubs

Hosting Pool:

- Manluk Regional Aquatic and Fitness Centre
- 4514-50 Ave
- Wetaskiwin, AB

Dates and warmups:

- Saturday January 27, 2024 All age groups
 - Warmups will start at 7:00am
 - Opening Ceremony will start at 8:15
 - Events will start at 8:30am
- Sunday January 28, 2024 14+
 - Warmups will start at 7:00am
 - Events will start at 7:45am

Entry Deadline:

• January 17 @ 11:59pm

Meet manager:

- AJ Beard/Tyler Bailer
- <u>alexander.beard@wetaskiwin.ca / tyler.bailer@wetaskiwin.ca</u>
- Lifeguard Office (780) 361-4411

Meet Referee:

Desiree Janzen

Age Limit:

- Minimum entry age for athletes 6
- Maximum entry age for athletes 100

Events Hosted:

Saturday (Juniors and Seniors)											
Obstacle	Carry W Fins	Relay - Manikin (Reverse Seeded)	45-minute Break	Mankin Carry	Tow with fins (Reverse Seeded)	Relay - Medley	End of Day				
15 and under	All age groups	Il age groups All age groups		All age groups	All age groups	All age groups					
Sunday (Seniors)											
Obstacle	Rescue Medley	15-minute Break	Super Lifesaver	End of Day							
16 +	14 +		14 +								

Entry Limit:

- Maximum Individual Entries per athlete 6
- Maximum relay entries per athlete 2

Qualification and Entry procedure:

- All athletes must be registered with the Lifesaving Society
- All athletes must be registered online through the sport.lifesaving.org website prior to the registration deadline.

Entry fee:

• \$45.00 per athlete

Scoring:

Placement															
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Points															
20	18	16	14	13	12	11	10	8	7	6	5	4	3	2	1

Awards:

• Ribbons will be awarded to those in 1st through 8th place, male and female in each age group.

Saturday Warm up information:

- Warmups will be divided into two (2), 25-minute-long sessions occurring at the beginning of the meet.
- All lanes will be open for diving for the last 5 minutes of each warm-up session.
- Warm up schedules will be emailed to clubs once all registrations have been confirmed.
- Dependent on registration numbers, the meet manager may combine warmups into one (1) session or and additional session may be added.

Sunday Warm up Information:

- Warmups will be a 35-minute-long session occurring at the beginning of the meet.
- All lanes will be open for diving for the last 5 minutes of the warm-up session.
- Clubs will not be assigned a lane for warmups.
- Equipment use such as fins, Rescue Tube, and Manikins will be allowed throughout the warmup session.

Seeding:

- Competitors shall be seeded for each event based on entry times submitted with registration.
 - Note: Manikin Carry relay will be reverse seeded, meaning the 16+ age group will swim first followed by 12-15, then followed by 9 and under.

Coaches and officials Meeting:

- Saturday
 - The officials meeting will be held at 7:35am
 - The coaches meeting will be held at 7:50am
- Sunday
 - The officials meeting will be held at 7:20am
 - The coaches meeting will be held at 7:30am

Deck entries:

• Deck entries may be permitted at the discretion of the head ref provided they do not require the addition of another heat. Entries will be seeded into empty lanes in existing heats.

Relay changes:

• Relay changes shall be submitted no later than thirty minutes (30) prior to the star of the session hosting the relay event(S)