



LIFESAVING SOCIETY®

The Lifeguarding Experts

Investiture *citations*

Investiture of Lifesaving Honours

RESCUE COMMENDATION AWARD CITATION

OCTOBER 14, 2022 | GOVERNMENT HOUSE | EDMONTON, AB

Shannon Koch

Oasis Grove RV Resort, Strathmore, AB – August 14, 2020

THE RESCUE COMMENDATION CERTIFICATE recognizes an outstanding rescue by a person who is not a Lifesaving Society award holder.

On August 14, 2020, Abi Farhat and her three children, including her nine-year-old daughter, Mirae, were invited by friends to go swimming at the Oasis Grove RV Resort. As the kids were playing in the pool, Mirae decided to take her lifejacket off, as she felt she could easily swim in the shallow end. While Abi was attending to her younger children, Mirae had drifted to the middle of the pool where she was unable to touch the bottom. When Abi looked toward Mirae, she noticed her body starting to bob and her lips turning blue. Abi screamed for help.

Sean Swart heard Abi's scream and jumped into the water without hesitation. He pulled Mirae out of the water, but she was not breathing. Shannon Koch started performing CPR on Mirae for approximately three minutes, when life came back to Mirae and she began to breathe again. EMS arrived and provided treatment until STARS air ambulance transported Mirae to the Albert Children's Hospital. Mirae stayed a few days in the hospital where she made a full recovery thanks to the immediate and heroic actions taken by Shannon and Sean.

For her quick response and outstanding effort, Shannon Koch is awarded the Rescue Commendation.