



# Ripples

# **Alberta and Northwest Territories Monthly Newsletter**



#### **HELLO AUGUST!**

August kicks off the final month of action-packed, peak-pool-season summer! We hope you can make the most of these final warm days before young swimmers dry off and head back to the classroom.

This year, the end of summer will bring more than just a change in seasons. In the coming months many of you will be starting to transition staff certifications. Some of you may be running your last session of Canadian Red Cross swimming lessons, or will even be kicking-off your first set of Swim for Life lessons. This has been an emotional and challenging change, but over the past 8 months the aquatic community in Alberta and the Northwest Territories has really pulled together to support each other in an incredible way.

Though there is still more road to travel, you are not walking it alone. We invite you to join your network of Society Affiliates in a webinar this upcoming September to talk strategy (watch your email for Webinar registration). You can also bring your staff up to speed by registering them in training, with lots of open opportunities. Lastly, we are happy to announce that the mail-out of Swim for Life promotion kits has started!

If you need any more support, or have questions regarding the transition, please reach out to experts@LifeSaving.org.



The Lifesaving Society's annual Casino Fundraiser is back this August 15-16!

Hosted at the Grande Villa Casino in downtown Edmonton (10204 – 104 Avenue), this event will raise significant funds to support our humanitarian mandate to prevent drowning and water-related injury. We are in need of volunteers to support this fundraiser with daytime and evening positions.

Please join us to support the Lifesaving Society - sign up today! Volunteers will receive meals and beverages.



Support Water Smart innitiatives, enter the Summer Drowning Prevention 50/50 raffle!

Tickets: 1/\$10, 5/\$25, 20/\$50, and 50/\$100

License # 605818

# **Refresh Those Fanny Packs**



Reset your staff's gear after a summer of high wear and tear - check out Lifesaving Society branded fanny packs! These tear-resistant fanny packs feature an adjustable water bottle holder and a waist strap that fits up to a 54" waist. Most importably, the easy access, front zippered pocket easily fits a Lifesaving Society pocket mask!

## **New Lifejacket Styles Now Available**



It's boating season! Now is the time to check that everyone has a lifejacket that fits and is in good repair. Need some new ones? No problem! Visit the Lifesaving Society Shop to stock up on styles like:

- Little Dipper (similar to a puddle-jumper, but Transport Canada approved)
- Lifejackets with fun prints for kids
- Teen-friendly cuts (fit better than adult sizes)
- General-use lifejackets

# We're Growing Our Team!



The Lifesaving Society Alberta & Northwest Territories Branch is growing to serve you better! Follow us on social media or visit our Find a Job page to see upcoming opportunities.

# Be a Water Smart Boater



Boating is a favourite past-time for many people in Alberta and the Northwest Territories. Boating is fun, but it's not without risk. In Alberta, nearly 50% of all non-fatal drowning related emergency department visits are related to water transport - and that rises to almost 80% in the Northwest Territories!

The simplest and most effective measure you can take to reduce your risk of drowning while boating is to wear a lifejacket. Across all age groups, not wearing a lifejacket is a factor in 80-100% of drowning fatalities.

Along with buckling up, you can reduce your risk by boating sober, knowing the weather and water conditions before you go, and and getting your Pleasure Craft Operator Card through training like BOAT training.

**Learn About BOAT Training!** 

# **UPCOMING COURSES**

The Lifesaving Society is a full service provider of programs, products, and services designed to prevent drowning. To find a list of facility-hosted certification courses, please visit the Find a Course page on our website.

## **In-Person Courses**

### **Trainer Transition Course**

**Date:** August 9, 2022 **Times:** 9:00 a.m. - 5:00 p.m.

Location: Transalta Tri-Leisure Centre, Spruce Grove AB

### **National Lifeguard Instructor Clinic**

**Dates:** August 23-24, 2022 **Times:** 9:00 a.m. - 5:00 p.m.

Location: Leduc Recreation Centre, Leduc AB

## **First Aid Instructor, Original**

**Date:** August 25-26, 2022 **Times:** 8:30 a.m. - 4:30 p.m.

**Location:** Lifesaving Society AB/NWT Branch Training

Facility (13123 156 ST NW, Edmonton AB)

Interested in completing an NLI or FAI Trainer apprenticeship for the courses listed here? Email Jonathan at jonathank@LifeSaving.org.