



Ripples

Alberta and Northwest Territories Monthly Newsletter



ACTION REQUIRED - Quarterly Stats Submission

In order to track activity levels in programs that do not have tests sheets we require affiliate delivery partners to submit program statistics on a quartely basis.

Please complete the following form to submit your statistics:

Affiliate Statistics Request Form: April 1 to June 30

You've Got Mail

Promotional packages are on their way to all affiliate delivery partners who are moving to Lifesaving Society learn to swim programs. This will be a staggered mail-out, but you will receive your banner and posters by the end of the summer. Digital resources, like social media posts/plan, can be downloaded through the Member Portal.

Shop Orders

Please be aware that some items in our Shop are being impacted by a global paper shortage. We recommend ordering literature and materials well in advance to minimize the impact on your organization.

Increasing paper costs may also impact literature and materials on the 2023 price list.

INSTRUCTORS, TRAINERS, AND AFFILIATES . . .



WE WANT YOUR
FEEDBACK! TELL US ABOUT
YOUR SWIM TRANSITION
EXPERIENCE - SURVEY OPEN
UNTIL JULY 15.

*CLICK THE COMIC TO GO TO THE LIFESAVING SOCIETY CANADA SWIM TRANSITION SURVEY



Swim Transition
Program Guide - Now
Available!



World Drowning Prevention Day is July 25. Watch your inbox for more information on local action, and check out the WHO website to learn more about this global day of awareness.



SUPPORT SPORT

Double your impact - donate this summer! Donations to Lifesaving Sport made through the **SPAR Donation Fund** will be matched until August 30th.

We're Hiring!



The Lifesaving Society Alberta & Northwest Territories Branch is hiring a receptionist. This role supports the front desk with phones and email requests, as well shipping, printing, and more.

Application Deadline: July 20, 2022



Reduce Your Risk this Summer



Summer is in full swing, and it's easy to get caught up in the fun! For many people that means increased time in, on, and around the water. Most drownings happen between May and September, and all drownings are avoidable. Take time to Be Water Smart® this summer - know what behaviors create the highest risk for drowning and make a plan to avoid them!

Absent/Distracted Supervision: The highest risk factor for drowning in children under 5 is lack of appropriate supervision. Limit access to water, designate a Water Watcher, and eliminate distractions to keep kids safe.

Not Wearing a Lifejacket: The single most impactful thing you can do to reduce your risk of drowning is to wear a lifejacket when in, on, or around water!

Impairment: Impairment can happen quickly on hot days, and can lead to poor life choices; avoid water when impaired by alcohol or drugs.

Being Alone: Have help - swimming/recreating with a friend means you'll have someone to help/call 9-1-1 if you become distressed.

Weak or Non-Swimmer: Sign up for swimming lessons, or hit the lanes to work on your endurance. Strong swimming skills can significantly reduce your risk of drowning.

For more Water Smart® information, visit:

LifeSaving.org

UPCOMING COURSES

The Lifesaving Society is a full service provider of programs, products, and services designed to prevent drowning. To find a list of facility-hosted certification courses, please visit the Find a Course page on our website.

In-Person Courses

National Lifeguard Instructor Clinic

Dates: August 23-24, 2022 **Times:** 9:00 a.m. - 5:00 p.m. **Location:** City of Leduc *Registration opening soon

On-Line Academy

Trainer Recertification

Dates: July 8 - 23, 2022

Live Video Session: July 23, 2022

Cost: \$60



Swim and Lifesaving Instructor - Original

July 18 - 22, 8:30 a.m. - 5:30 p.m. <u>August 15</u> - 19, 8:30 a.m. - 5:30 p.m.

National Lifeguard Instructor - Original

July 9 - 10, 8:30 a.m. - 4:30 p.m.

Standard First Aid/Aquatic Emergency Care - Original

July 11 - 12, 8:30 a.m. - 5:30 p.m.

Bronze Cross with Aquatic Emergency Care & Oxygen Administration - Original

July 11 - 22, 5:00 p.m. - 9:00 p.m. August 8 - 12, 8:30 a.m. - 5:30 p.m. August 15 - 26, 5:00 p.m. - 9:00 p.m.

Bronze Star - Original

August 2 -5, 6:00 p.m. - 8:30 p.m.

Visit <u>sportandwellnessreg.macewan.ca</u> for more information and to register.