

## 2022 AB NWT Pool Lifesaving Championships - 2022-04-02 to 2022-04-03

## Results

## Event 301 Women 14-15 200 LC Meter Obstacle Swim

Name	AgeTeam	Finals Time	
1 Frostad, Margot	15 CWCLC	3:00.12	20
2 Vogel, Kayla	15 CAMRO	3:02.11	18
3 Murphy, Marissa	15 WBLs	3:20.05	16

## Event 301 Women 16-19 200 LC Meter Obstacle Swim

Name	AgeTeam	Finals Time	
1 O'Neil, Lydianna	16 LMBM	2:38.10	20
2 Gale, Carys	17 OKOT	2:41.77	18
3 Martens, Alana	16 COWN	2:51.69	16
4 Germain, Ellie	18 WBLs	2:52.10	14
5 Swedlo, Eli	17 COWN	2:52.80	13
6 Moores, Heidi	16 COWN	2:59.86	12
7 Bushrod, April	16 COWN	3:02.39	11
8 Billings, Danielle	17 COWN	3:04.77	10
9 Fisher, Erika	17 COWN	3:07.17	8
10 Heichert, Sydney	17 WOLC	3:07.75	7
11 Musiyowski, Acadia	16 DRVLY	3:08.38	6
12 Babuik, Natasha	17 DRVLY	3:10.62	5
13 Vienneau, Katie	19 LMBM	3:10.73	4
14 Rockwell, Amanda	16 SPRGR	3:11.65	3
15 Dewald, Ashley	16 WOLC	3:12.31	2
16 Rost, Caitlyn	16 COWN	3:12.98	1
17 Harris, Julia	18 OKOT	3:13.06	
18 Washburn, CJ	16 COWN	3:13.22	
19 Isik, Sevcan	17 CAMRO	3:15.49	
20 Toombes, Lucy	18 COWN	3:15.83	
21 Letal, Iris	16 CWCLC	3:20.65	
22 Birnie, Abby	17 DRVLY	3:21.27	
23 Oster, Gillian	16 SPRGR	3:24.84	
24 Rhodenizer, Hannah	16 SPRGR	4:30.69	

## Event 301 Women 20-29 200 LC Meter Obstacle Swim

Name	AgeTeam	Finals Time	
1 Palmer, Marlee	29 COWN	2:44.30	20
2 Janzen, Brooklyn	23 DRVLY	2:48.68	18

## Event 301 Women 30 &amp; Over 200 LC Meter Obstacle Swim

Name	AgeTeam	Finals Time	
1 Walker-Milan, Dallas	32 CLAR	2:50.70	20
2 Martin-Quevillion, Melanie	46 COWN	3:07.60	18
3 Brown, Lisa	48 OKOT	3:08.58	16
4 Swedlo, Amy	49 COWN	3:56.46	14
5 Greer, Aimory	36 WBLs	3:58.78	13
6 Billings, Allyson	47 COWN	3:59.14	12
7 Smyke, Roxanne	48 COWN	4:21.44	11
8 Watkins, Susan	49 COWN	5:00.82	10

## Event 302 Men 14-15 200 LC Meter Obstacle Swim

Name	AgeTeam	Finals Time	
1 Rasmuson, Teague	15 WOLC	2:39.79	20
2 Swedlo, Aaron	15 COWN	2:39.97	18
3 Brager, Sam	15 CAMRO	2:53.57	16
4 Verbaas, Nolan	14 CAMRO	3:04.81	14
5 Good, J.R.	15 WOLC	3:06.13	13

## Event 302 Men 16-19 200 LC Meter Obstacle Swim

Name	AgeTeam	Finals Time	
1 Germain, Andrew	18 WBLs	2:26.76	20
2 Pilgrim, Aidan	16 WBLs	2:27.01	18
3 Allaway-Brager, William	17 WOLC	2:28.33	16
4 Lunger, Jared	18 SPRGR	2:33.41	14
5 Kruger, Max	18 COWN	2:40.52	13
6 Verbaas, Ethan	16 WOLC	2:44.27	12
7 Wink, Brandon	16 OKOT	3:00.48	11
8 Peddlesden, Rhys	19 OKOT	3:26.40	10

## Event 302 Men 20-29 200 LC Meter Obstacle Swim

Name	AgeTeam	Finals Time	
1 Smyke, Joel	20 COWN	2:30.07	20
2 Babott, Nicholas	20 OKOT	2:37.26	18
3 Saby, Nathaniel	27 CAMRO	3:09.03	16
4 MacGregor, Thatcher	20 WBLs	3:51.45	14

## Event 302 Men 30 &amp; Over 200 LC Meter Obstacle Swim

Name	AgeTeam	Finals Time	
1 Johnston, Matt	35 COWN	2:33.95	20
2 Gilbert, Brad	47 COWN	3:25.45	18
3 Kruger, Ian	47 COWN	3:28.88	16
4 Moores, Tony	58 COWN	3:32.57	14
5 Fisher, Alex	52 COWN	3:35.04	13

## Event 303 Women Open 4x50 LC Meter Relay Obstacle

Team	Relay	Finals Time	
1 COWN	A	2:23.08	20
	1) Martens, Alana 16	2) Bushrod, April 16	
	3) Moores, Heidi 16	4) Swedlo, Eli 17	
2 LMBM	A	2:23.13	18
	1) O'Neil, Lydianna 16	2) Vienneau, Katie 19	
	3) Pickles, Jenna 19	4) Ikuna, Suna 22	
3 CWCLC	A	2:30.62	16
	1) Letal, Iris 16	2) Frostad, Margot 15	
	3) Hnatiuk, Holly 20	4) Burkart, Jess 27	
4 COWN	B	2:32.68	14
	1) Fisher, Erika 17	2) Rost, Caitlyn 16	
	3) Toombes, Lucy 18	4) Billings, Danielle 17	
5 DRVLY	A	2:38.23	13
	1) Babuik, Natasha 17	2) Mugridge, Julia 17	
	3) Musiyowski, Acadia 16	4) Birnie, Abby 17	
6 CAMRO	A	2:41.19	12
	1) Isik, Sevcan 17	2) Lupul, Raelene 21	
	3) Barr, Heather 46	4) Vogel, Kayla 15	
7 COWN	C	3:23.62	11
	1) Billings, Allyson 47	2) Smyke, Roxanne 48	
	3) Watkins, Susan 49	4) Swedlo, Amy 49	

## Event 304 Men Open 4x50 LC Meter Relay Obstacle

Team	Relay	Finals Time	
1 COWN	A	2:09.87	20
	1) Swedlo, Aaron 15	2) Kruger, Max 18	
	3) Johnston, Matt 35	4) Smyke, Joel 20	
2 WOLC	A	2:13.77	18
	1) Rasmuson, Teague 15	2) Verbaas, Ethan 16	
	3) Good, J.R. 15	4) Allaway-Brager, William 17	

## 2022 AB NWT Pool Lifesaving Championships - 2022-04-02 to 2022-04-03

## Results

**(Event 304 Men Open 4x50 LC Meter Relay Obstacle)**

Team	Relay	Finals Time	
3 CAMRO	A	2:26.64	16
1) Saby, Nathaniel 27	2) Beard, AJ 25		
3) Verbaas, Nolan 14	4) Brager, Sam 15		
4 COWN	B	2:43.39	14
1) Fisher, Alex 52	2) Moores, Tony 58		
3) Kruger, Ian 47	4) Gilbert, Brad 47		

**Event 305 Women Open 2x12 LC Meter Relay Line Throw**

Team	Relay	Finals Time	
1 LMBM	A	15.29	20
1) Vienneau, Katie 19	2) Pickles, Jenna 19		
2 DRVLY	B	15.31	18
1) Musiyowski, Acadia 16	2) Babuik, Natasha 17		
3 CWCLC	A	17.03	16
1) Burkart, Jess 27	2) Hnatiuk, Holly 20		
4 COWN	C	17.83	14
1) Palmer, Marlee 29	2) Toombes, Lucy 18		
5 DRVLY	C	19.87	13
1) Morrow, Nancy 29	2) Janzen, Brooklyn 23		
6 COWN	B	21.91	12
1) Billings, Danielle 17	2) Fisher, Erika 17		
7 COWN	D	22.54	11
1) Swedlo, Amy 49	2) Smyke, Roxanne 48		
8 WBLS	A	26.03	10
1) Murphy, Marissa 15	2) Germain, Ellie 18		
9 CAMRO	B	26.73	8
1) Barr, Heather 46	2) Lupul, Raelene 21		
10 CWCLC	B	29.81	7
1) Letal, Iris 16	2) Frostad, Margot 15		
11 DRVLY	A	40.42	6
1) Birnie, Abby 17	2) Mugridge, Julia 17		
--- WOLC	A	DNF	
1) Heichert, Sydney 17	2) Dewald, Ashley 16		
--- SPRGR	A	DNF	
1) Rockwell, Amanda 16	2) Oster, Gillian 16		
--- LMBM	B	DNF	
1) Ikuna, Suna 22	2) O'Neil, Lydianna 16		
--- CAMRO	A	DNF	
1) Vogel, Kayla 15	2) Isik, Sevcan 17		
--- COWN	E	DNF	
1) Watkins, Susan 49	2) Billings, Allyson 47		
--- COWN	A	DNF	
1) Bushrod, April 16	2) Rost, Caitlyn 16		

**Event 306 Men Open 2x12 LC Meter Relay Line Throw**

Team	Relay	Finals Time	
1 COWN	A	13.80	20
1) Smyke, Joel 20	2) Swedlo, Aaron 15		
2 WOLC	A	15.37	18
1) Allaway-Brager, William 17	2) Verbaas, Ethan 16		
3 COWN	B	16.95	16
1) Fisher, Alex 52	2) Kruger, Ian 47		
4 WOLC	B	24.58	14
1) Rasmuson, Teague 15	2) Good, J.R. 15		
5 CAMRO	A	29.76	13
1) Brager, Sam 15	2) Verbaas, Nolan 14		
6 OKOT	A	33.64	12
1) Wink, Brandon 16	2) Peddlesden, Rhys 19		

7 WBLS	A	40.40	11
1) MacGregor, Thatcher 20	2) Pilgrim, Aidan 16		
--- COWN	C	DNF	
1) Gilbert, Brad 47	2) Moores, Tony 58		

**Event 307 Women 14-15 100 LC Meter Rescue Medley**

Name	AgeTeam	Finals Time	
1 Vogel, Kayla	15 CAMRO	1:54.85	20
2 Frostad, Margot	15 CWCLC	1:56.16	18
3 Testo, Madison	14 HINT	2:19.62	16

**Event 307 Women 16-19 100 LC Meter Rescue Medley**

Name	AgeTeam	Finals Time	
1 Gale, Carys	17 OKOT	1:34.85	20
2 Fisher, Erika	17 COWN	1:46.53	18
3 Heichert, Sydney	17 WOLC	1:49.54	16
4 Bushrod, April	16 COWN	1:50.07	14
5 Martens, Alana	16 COWN	1:50.88	13
6 Babuik, Natasha	17 DRVLY	1:51.75	12
7 Moores, Heidi	16 COWN	1:52.06	11
8 Rost, Caitlyn	16 COWN	1:52.37	10
9 Musiyowski, Acadia	16 DRVLY	1:53.09	8
10 Germain, Ellie	18 WBLS	1:54.72	7
11 Billings, Danielle	17 COWN	1:56.19	6
12 Dewald, Ashley	16 WOLC	2:02.22	5
13 Pickles, Jenna	19 LMBM	2:03.56	4
14 Harris, Julia	18 OKOT	2:05.06	3
15 Letal, Iris	16 CWCLC	2:10.72	2
16 Kearns, Anna	16 OKOT	2:11.81	1
17 Birnie, Abby	17 DRVLY	2:14.09	
18 Isik, Sevcan	17 CAMRO	2:21.03	
19 Washburn, CJ	16 COWN	2:21.23	
20 Toombes, Lucy	18 COWN	2:26.60	
--- Rockwell, Amanda	16 SPRGR	DQ	
--- Oster, Gillian	16 SPRGR	DQ	
--- Rhodenizer, Hannah	16 SPRGR	DQ	

**Event 307 Women 20-29 100 LC Meter Rescue Medley**

Name	AgeTeam	Finals Time	
1 Palmer, Marlee	29 COWN	1:37.57	20
2 Janzen, Brooklyn	23 DRVLY	1:44.41	18
3 Lupul, Raelene	21 CAMRO	2:00.91	16

**Event 307 Women 30 & Over 100 LC Meter Rescue Medley**

Name	AgeTeam	Finals Time	
1 Swedlo, Amy	49 COWN	2:35.13	20
2 Billings, Allyson	47 COWN	2:59.04	18
3 Watkins, Susan	49 COWN	3:44.78	16
--- Smyke, Roxanne	48 COWN	DQ	
--- Martin-Quevillion, Melanie	46 COWN	DQ	
--- Greer, Aimory	36 WBLS	DQ	

**Event 308 Men 14-15 100 LC Meter Rescue Medley**

Name	AgeTeam	Finals Time	
1 Swedlo, Aaron	15 COWN	1:29.31	20
2 Rasmuson, Teague	15 WOLC	1:29.57	18
3 Brager, Sam	15 CAMRO	1:50.19	16
4 Verbaas, Nolan	14 CAMRO	2:37.22	14

## 2022 AB NWT Pool Lifesaving Championships - 2022-04-02 to 2022-04-03

## Results

**Event 308 Men 16-19 100 LC Meter Rescue Medley**

Name	AgeTeam	Finals Time	
1 Lungler, Jared	18 SPRGR	1:22.63	20
2 Allaway-Brager, William	17 WOLC	1:25.62	18
3 Pilgrim, Aidan	16 WBLS	1:28.50	16
4 Verbaas, Ethan	16 WOLC	1:34.01	14
5 Germain, Andrew	18 WBLS	1:34.46	13
6 Kruger, Max	18 COWN	1:36.06	12
7 Wink, Brandon	16 OKOT	1:53.15	11
8 Peddlesden, Rhys	19 OKOT	2:06.46	10

**Event 308 Men 20-29 100 LC Meter Rescue Medley**

Name	AgeTeam	Finals Time	
1 Babott, Nicholas	20 OKOT	1:27.34	20
2 Smyke, Joel	20 COWN	1:28.66	18
3 Beard, AJ	25 CAMRO	2:03.81	16

**Event 308 Men 30 & Over 100 LC Meter Rescue Medley**

Name	AgeTeam	Finals Time	
1 Johnston, Matt	35 COWN	1:27.33	20
2 Moores, Tony	58 COWN	2:02.94	18
3 Gilbert, Brad	47 COWN	2:12.09	16
4 Fisher, Alex	52 COWN	2:25.85	14
--- Kruger, Ian	47 COWN		DQ

**Event 309 Women 14-15 100 LC Meter Tow with Fins**

Name	AgeTeam	Finals Time	
1 Vogel, Kayla	15 CAMRO	1:29.07	20
2 Frostad, Margot	15 CWCLC	1:30.59	18
3 Murphy, Marissa	15 WBLS	1:38.66	16

**Event 309 Women 16-19 100 LC Meter Tow with Fins**

Name	AgeTeam	Finals Time	
1 Gale, Carys	17 OKOT	1:13.87	20
2 Martens, Alana	16 COWN	1:16.28	18
3 O'Neil, Lydianna	16 LMBM	1:17.83	16
4 Dewald, Ashley	16 WOLC	1:20.93	14
5 Washburn, CJ	16 COWN	1:20.94	13
6 Swedlo, Eli	17 COWN	1:21.89	12
7 Rost, Caitlyn	16 COWN	1:23.67	11
8 Isik, Sevcn	17 CAMRO	1:23.93	10
9 Bushrod, April	16 COWN	1:24.53	8
10 Fisher, Erika	17 COWN	1:24.66	7
11 Kearns, Anna	16 OKOT	1:25.59	6
12 Billings, Danielle	17 COWN	1:25.99	5
13 Harris, Julia	18 OKOT	1:27.09	4
14 Letal, Iris	16 CWCLC	1:27.23	3
15 Birnie, Abby	17 DRVLY	1:29.80	2
16 Rockwell, Amanda	16 SPRGR	1:30.45	1
17 Germain, Ellie	18 WBLS	1:30.69	
18 Heichert, Sydney	17 WOLC	1:31.62	
19 Babuik, Natasha	17 DRVLY	1:31.93	
20 Moores, Heidi	16 COWN	1:32.61	
21 Oster, Gillian	16 SPRGR	1:34.49	
22 Toombes, Lucy	18 COWN	1:47.81	
23 Rhodenizer, Hannah	16 SPRGR	1:49.29	
--- Musiyowski, Acadia	16 DRVLY		DQ

**Event 309 Women 20-29 100 LC Meter Tow with Fins**

Name	AgeTeam	Finals Time	
1 Morrow, Nancy	29 DRVLY	1:08.15	20
2 Janzen, Brooklyn	23 DRVLY	1:16.59	18
3 Palmer, Marlee	29 COWN	1:17.37	16
4 Lupul, Raelene	21 CAMRO	1:25.03	14

**Event 309 Women 30 & Over 100 LC Meter Tow with Fins**

Name	AgeTeam	Finals Time	
1 Walker-Milan, Dallas	32 CLAR	1:07.22	20
2 Brown, Lisa	48 OKOT	1:20.04	18
3 Martin-Quevillion, Melanie	46 COWN	1:21.74	16
4 Swedlo, Amy	49 COWN	1:26.17	14
5 Barr, Heather	46 CAMRO	1:32.11	13
6 Billings, Allyson	47 COWN	1:33.10	12
7 Smyke, Roxanne	48 COWN	1:42.44	11
8 Watkins, Susan	49 COWN	1:47.82	10
9 Greer, Aimory	36 WBLS	1:48.56	8

**Event 310 Men 14-15 100 LC Meter Tow with Fins**

Name	AgeTeam	Finals Time	
1 Swedlo, Aaron	15 COWN	1:14.35	20
2 Rasmuson, Teague	15 WOLC	1:16.22	18
3 Good, J.R.	15 WOLC	1:17.43	16
4 Brager, Sam	15 CAMRO	1:28.84	14
--- Verbaas, Nolan	14 CAMRO		DQ

**Event 310 Men 16-19 100 LC Meter Tow with Fins**

Name	AgeTeam	Finals Time	
1 Kruger, Max	18 COWN	1:11.48	20
2 Allaway-Brager, William	17 WOLC	1:11.97	18
3 Wink, Brandon	16 OKOT	1:15.85	16
4 Verbaas, Ethan	16 WOLC	1:18.51	14
5 Germain, Andrew	18 WBLS	1:21.34	13
--- Lungler, Jared	18 SPRGR		DQ
--- Peddlesden, Rhys	19 OKOT		DQ
--- Pilgrim, Aidan	16 WBLS		DQ

**Event 310 Men 20-29 100 LC Meter Tow with Fins**

Name	AgeTeam	Finals Time	
1 Smyke, Joel	20 COWN	1:05.84	20
2 Babott, Nicholas	20 OKOT	1:10.92	18
3 Beard, AJ	25 CAMRO	1:25.12	16
4 MacGregor, Thatcher	20 WBLS	1:30.92	14

**Event 310 Men 30 & Over 100 LC Meter Tow with Fins**

Name	AgeTeam	Finals Time	
1 Johnston, Matt	35 COWN	1:04.03	20
2 Gilbert, Brad	47 COWN	1:16.20	18
3 Moores, Tony	58 COWN	1:33.09	16
4 Kruger, Ian	47 COWN	1:34.01	14
--- Fisher, Alex	52 COWN		DQ

**Event 311 Women 14-15 100 LC Meter Carry with Fins**

Name	AgeTeam	Finals Time	
1 Frostad, Margot	15 CWCLC	1:28.78	20
2 Vogel, Kayla	15 CAMRO	1:35.56	18
3 Murphy, Marissa	15 WBLS	1:49.54	16

## 2022 AB NWT Pool Lifesaving Championships - 2022-04-02 to 2022-04-03

## Results

## Event 311 Women 16-19 100 LC Meter Carry with Fins

Name	AgeTeam	Finals Time	
1 Gale, Carys	17 OKOT	1:14.63	20
2 Martens, Alana	16 COWN	1:15.09	18
3 O'Neil, Lydianna	16 LMBM	1:17.60	16
4 Musiyowski, Acadia	16 DRVLY	1:18.15	14
5 Fisher, Erika	17 COWN	1:18.72	13
6 Swedlo, Eli	17 COWN	1:21.98	12
7 Kearns, Anna	16 OKOT	1:22.40	11
8 Bushrod, April	16 COWN	1:23.85	10
9 Billings, Danielle	17 COWN	1:24.29	8
10 Harris, Julia	18 OKOT	1:25.62	7
11 Letal, Iris	16 CWCLC	1:25.88	6
12 Moores, Heidi	16 COWN	1:28.72	5
13 Heichert, Sydney	17 WOLC	1:28.85	4
14 Dewald, Ashley	16 WOLC	1:29.39	3
15 Rost, Caitlyn	16 COWN	1:29.53	2
16 Toombes, Lucy	18 COWN	1:31.48	1
17 Pickles, Jenna	19 LMBM	1:31.54	
18 Washburn, CJ	16 COWN	1:32.40	
19 Birnie, Abby	17 DRVLY	1:34.53	
20 Oster, Gillian	16 SPRGR	1:38.31	
21 Babuik, Natasha	17 DRVLY	1:40.44	
22 Isik, Sevcan	17 CAMRO	1:45.50	
23 Germain, Ellie	18 WBLs	1:46.62	
24 Rockwell, Amanda	16 SPRGR	1:47.91	
25 Rhodenizer, Hannah	16 SPRGR	1:53.19	

## Event 311 Women 20-29 100 LC Meter Carry with Fins

Name	AgeTeam	Finals Time	
1 Morrow, Nancy	29 DRVLY	1:09.59	20
*2 Palmer, Marlee	29 COWN	1:17.38	17
*2 Janzen, Brooklyn	23 DRVLY	1:17.38	17

## Event 311 Women 30 &amp; Over 100 LC Meter Carry with Fins

Name	AgeTeam	Finals Time	
1 Walker-Milan, Dallas	32 CLAR	1:06.66	20
2 Martin-Quevillion, Melanie	46 COWN	1:19.94	18
3 Brown, Lisa	48 OKOT	1:25.94	16
4 Swedlo, Amy	49 COWN	1:30.69	14
5 Billings, Allyson	47 COWN	1:42.37	13
6 Smyke, Roxanne	48 COWN	1:42.97	12
7 Watkins, Susan	49 COWN	1:53.53	11
8 Greer, Aimory	36 WBLs	1:57.22	10

## Event 312 Men 14-15 100 LC Meter Carry with Fins

Name	AgeTeam	Finals Time	
1 Swedlo, Aaron	15 COWN	1:10.25	20
2 Rasmuson, Teague	15 WOLC	1:15.91	18
3 Brager, Sam	15 CAMRO	1:25.25	16
4 Good, J.R.	15 WOLC	1:31.25	14
5 Verbaas, Nolan	14 CAMRO	1:31.59	13

## Event 312 Men 16-19 100 LC Meter Carry with Fins

Name	AgeTeam	Finals Time	
1 Allaway-Brager, William	17 WOLC	1:06.31	20
2 Wink, Brandon	16 OKOT	1:12.78	18
3 Pilgrim, Aidan	16 WBLs	1:13.84	16
4 Kruger, Max	18 COWN	1:17.50	14

*5 Lunger, Jared	18 SPRGR	1:18.37	12.5
*5 Germain, Andrew	18 WBLs	1:18.37	12.5
7 Verbaas, Ethan	16 WOLC	1:18.85	11
8 Peddlesden, Rhys	19 OKOT	1:21.81	10

## Event 312 Men 20-29 100 LC Meter Carry with Fins

Name	AgeTeam	Finals Time	
1 Smyke, Joel	20 COWN	1:00.65	20
2 Babott, Nicholas	20 OKOT	1:05.50	18
3 Saby, Nathaniel	27 CAMRO	1:21.97	16
4 MacGregor, Thatcher	20 WBLs	1:55.50	14

## Event 312 Men 30 &amp; Over 100 LC Meter Carry with Fins

Name	AgeTeam	Finals Time	
1 Johnston, Matt	35 COWN	1:05.24	20
2 Gilbert, Brad	47 COWN	1:14.70	18
3 Kruger, Ian	47 COWN	1:30.56	16
4 Moores, Tony	58 COWN	1:31.82	14
5 Fisher, Alex	52 COWN	1:39.03	13

## Event 313 Women 14-15 200 LC Meter Super Lifesaver

Name	AgeTeam	Finals Time	
1 Frostad, Margot	15 CWCLC	3:20.85	20
2 Vogel, Kayla	15 CAMRO	3:34.63	18
3 Murphy, Marissa	15 WBLs	3:58.09	16

## Event 313 Women 16-19 200 LC Meter Super Lifesaver

Name	AgeTeam	Finals Time	
1 Martens, Alana	16 COWN	3:03.76	20
2 Gale, Carys	17 OKOT	3:09.70	18
3 O'Neil, Lydianna	16 LMBM	3:10.91	16
4 Rost, Caitlyn	16 COWN	3:11.71	14
5 Swedlo, Eli	17 COWN	3:19.24	13
6 Fisher, Erika	17 COWN	3:23.04	12
7 Billings, Danielle	17 COWN	3:25.54	11
8 Bushrod, April	16 COWN	3:26.75	10
9 Babuik, Natasha	17 DRVLY	3:29.33	8
10 Dewald, Ashley	16 WOLC	3:30.93	7
11 Heichert, Sydney	17 WOLC	3:31.34	6
12 Musiyowski, Acadia	16 DRVLY	3:32.93	5
13 Washburn, CJ	16 COWN	3:36.77	4
14 Germain, Ellie	18 WBLs	3:39.72	3
15 Oster, Gillian	16 SPRGR	3:41.40	2
16 Rockwell, Amanda	16 SPRGR	3:43.57	1
17 Toombes, Lucy	18 COWN	3:44.58	
18 Birnie, Abby	17 DRVLY	3:45.77	
19 Kearns, Anna	16 OKOT	3:46.67	
20 Letal, Iris	16 CWCLC	3:50.76	
21 Isik, Sevcan	17 CAMRO	4:01.76	
22 Rhodenizer, Hannah	16 SPRGR	4:39.08	
--- Moores, Heidi	16 COWN	DQ	

## Event 313 Women 20-29 200 LC Meter Super Lifesaver

Name	AgeTeam	Finals Time	
1 Morrow, Nancy	29 DRVLY	2:57.27	20
2 Palmer, Marlee	29 COWN	3:06.67	18
3 Janzen, Brooklyn	23 DRVLY	3:13.41	16
4 Ikuna, Suna	22 LMBM	3:26.09	14

## 2022 AB NWT Pool Lifesaving Championships - 2022-04-02 to 2022-04-03

## Results

## Event 313 Women 30 &amp; Over 200 LC Meter Super Lifesaver

Name	AgeTeam	Finals Time	
1 Walker-Milan, Dallas	32 CLAR	2:58.93	20
2 Swedlo, Amy	49 COWN	3:48.95	18
3 Billings, Allyson	47 COWN	3:49.11	16
4 Martin-Quevillion, Melanie	46 COWN	3:50.50	14
5 Smyke, Roxanne	48 COWN	4:29.59	13
--- Greer, Aimory	36 WBLS	DQ	
--- Watkins, Susan	49 COWN	DQ	

## Event 314 Men 14-15 200 LC Meter Super Lifesaver

Name	AgeTeam	Finals Time	
1 Rasmuson, Teague	15 WOLC	2:57.72	20
2 Swedlo, Aaron	15 COWN	3:07.18	18
3 Good, J.R.	15 WOLC	3:37.17	16
4 Brager, Sam	15 CAMRO	3:37.57	14
5 Verbaas, Nolan	14 CAMRO	3:44.13	13

## Event 314 Men 16-19 200 LC Meter Super Lifesaver

Name	AgeTeam	Finals Time	
1 Allaway-Brager, William	17 WOLC	2:47.46	20
2 Pilgrim, Aidan	16 WBLS	2:56.68	18
3 Kruger, Max	18 COWN	2:57.69	16
4 Verbaas, Ethan	16 WOLC	3:03.57	14
5 Germain, Andrew	18 WBLS	3:04.44	13
6 Peddlesden, Rhys	19 OKOT	3:40.48	12
--- Lunger, Jared	18 SPRGR	DQ	

## Event 314 Men 20-29 200 LC Meter Super Lifesaver

Name	AgeTeam	Finals Time	
1 Smyke, Joel	20 COWN	2:46.12	20
2 Babott, Nicholas	20 OKOT	2:49.43	18
3 Beard, AJ	25 CAMRO	4:02.20	16
4 MacGregor, Thatcher	20 WBLS	4:39.48	14

## Event 314 Men 30 &amp; Over 200 LC Meter Super Lifesaver

Name	AgeTeam	Finals Time	
1 Johnston, Matt	35 COWN	2:48.70	20
2 Gilbert, Brad	47 COWN	3:28.42	18
3 Kruger, Ian	47 COWN	3:36.14	16
4 Moores, Tony	58 COWN	3:40.69	14
5 Fisher, Alex	52 COWN	5:04.96	13

## Event 315 Women Open 4x25 LC Meter Relay Manikin

Team	Relay	Finals Time	
1 COWN	A	2:09.68	20
1) Rost, Caitlyn 16	2) Martens, Alana 16		
3) Swedlo, Eli 17	4) Moores, Heidi 16		
2 OKOT	A	2:16.14	18
1) Gale, Carys 17	2) Kearns, Anna 16		
3) Harris, Julia 18	4) Brown, Lisa 48		
3 COWN	B	2:19.54	16
1) Bushrod, April 16	2) Fisher, Erika 17		
3) Billings, Danielle 17	4) Washburn, CJ 16		
4 DRVLY	A	2:20.72	14
1) Babuik, Natasha 17	2) Mugridge, Julia 17		
3) Musiyowski, Acadia 16	4) Birnie, Abby 17		

5 LMBM	A	2:22.50	13
1) Ikuna, Suna 22	2) Pickles, Jenna 19		
3) Vienneau, Katie 19	4) O'Neil, Lydianna 16		
6 CWCLC	A	2:30.20	12
1) Letal, Iris 16	2) Frostad, Margot 15		
3) Burkart, Jess 27	4) Hnatiuk, Holly 20		
7 CAMRO	A	2:36.61	11
1) Isik, Sevcan 17	2) Lupul, Raelene 21		
3) Barr, Heather 46	4) Vogel, Kayla 15		
8 COWN	C	2:43.82	10
1) Swedlo, Amy 49	2) Watkins, Susan 49		
3) Smyke, Roxanne 48	4) Billings, Allyson 47		

## Event 316 Men Open 4x25 LC Meter Relay Manikin

Team	Relay	Finals Time	
1 COWN	A	1:45.07	20
1) Swedlo, Aaron 15	2) Johnston, Matt 35		
3) Kruger, Max 18	4) Smyke, Joel 20		
2 COWN	B	1:59.15	18
1) Kruger, Ian 47	2) Moores, Tony 58		
3) Fisher, Alex 52	4) Gilbert, Brad 47		
3 WOLC	A	2:06.69	16
1) Rasmuson, Teague 15	2) Verbaas, Ethan 16		
3) Good, J.R. 15	4) Allaway-Brager, William 17		
4 CAMRO	A	2:30.84	14
1) Verbaas, Nolan 14	2) Beard, AJ 25		
3) Saby, Nathaniel 27	4) Brager, Sam 15		

## Event 317 Women 14-15 50 LC Meter Manikin Carry

Name	AgeTeam	Finals Time	
1 Vogel, Kayla	15 CAMRO	53.26	20
2 Frostad, Margot	15 CWCLC	53.48	18
3 Murphy, Marissa	15 WBLS	57.85	16

## Event 317 Women 16-19 50 LC Meter Manikin Carry

Name	AgeTeam	Finals Time	
1 Gale, Carys	17 OKOT	44.30	20
2 O'Neil, Lydianna	16 LMBM	47.36	18
3 Swedlo, Eli	17 COWN	49.18	16
4 Rost, Caitlyn	16 COWN	49.78	14
5 Martens, Alana	16 COWN	49.91	13
6 Vienneau, Katie	19 LMBM	50.68	12
7 Birnie, Abby	17 DRVLY	51.69	11
8 Billings, Danielle	17 COWN	52.67	10
9 Moores, Heidi	16 COWN	52.73	8
10 Harris, Julia	18 OKOT	52.87	7
11 Babuik, Natasha	17 DRVLY	53.48	6
12 Heichert, Sydney	17 WOLC	53.57	5
13 Musiyowski, Acadia	16 DRVLY	54.50	4
14 Fisher, Erika	17 COWN	54.90	3
15 Oster, Gillian	16 SPRGR	56.03	2
16 Dewald, Ashley	16 WOLC	56.17	1
17 Kearns, Anna	16 OKOT	58.20	
18 Bushrod, April	16 COWN	58.73	
19 Washburn, CJ	16 COWN	59.23	
20 Letal, Iris	16 CWCLC	1:01.09	
21 Toombes, Lucy	18 COWN	1:02.58	
22 Germain, Ellie	18 WBLS	1:03.38	
23 Rockwell, Amanda	16 SPRGR	1:05.23	
24 Isik, Sevcan	17 CAMRO	1:15.30	

## 2022 AB NWT Pool Lifesaving Championships - 2022-04-02 to 2022-04-03

## Results

**(Event 317 Women 16-19 50 LC Meter Manikin Carry)**

Name	Age	Team	Finals Time
25 Rhodenizer, Hannah	16	SPRGR	1:38.38

**Event 317 Women 20-29 50 LC Meter Manikin Carry**

Name	Age	Team	Finals Time
1 Palmer, Marlee	29	COWN	45.60 20
2 Janzen, Brooklyn	23	DRVLY	49.75 18
3 Morrow, Nancy	29	DRVLY	50.37 16
4 Lupul, Raelene	21	CAMRO	56.31 14

**Event 317 Women 30 & Over 50 LC Meter Manikin Carry**

Name	Age	Team	Finals Time
1 Walker-Milan, Dallas	32	CLAR	46.72 20
2 Billings, Allyson	47	COWN	1:02.29 18
3 Swedlo, Amy	49	COWN	1:02.88 16
4 Greer, Aimory	36	WBL5	1:06.21 14
5 Smyke, Roxanne	48	COWN	1:08.37 13
6 Barr, Heather	46	CAMRO	1:12.34 12
7 Watkins, Susan	49	COWN	1:18.95 11

**Event 318 Men 14-15 50 LC Meter Manikin Carry**

Name	Age	Team	Finals Time
1 Rasmuson, Teague	15	WOLC	41.63 20
2 Swedlo, Aaron	15	COWN	43.01 18
3 Brager, Sam	15	CAMRO	52.48 16
4 Verbaas, Nolan	14	CAMRO	59.21 14
5 Good, J.R.	15	WOLC	1:14.75 13

**Event 318 Men 16-19 50 LC Meter Manikin Carry**

Name	Age	Team	Finals Time
1 Allaway-Brager, William	17	WOLC	40.16 20
2 Lungert, Jared	18	SPRGR	40.54 18
3 Kruger, Max	18	COWN	42.41 16
4 Pilgrim, Aidan	16	WBL5	42.59 14
5 Germain, Andrew	18	WBL5	43.34 13
6 Wink, Brandon	16	OKOT	44.96 12
7 Verbaas, Ethan	16	WOLC	46.75 11
8 Peddlesden, Rhys	19	OKOT	52.27 10

**Event 318 Men 20-29 50 LC Meter Manikin Carry**

Name	Age	Team	Finals Time
1 Smyke, Joel	20	COWN	38.04 20
2 Babott, Nicholas	20	OKOT	43.07 18
3 Beard, AJ	25	CAMRO	53.36 16
4 MacGregor, Thatcher	20	WBL5	58.26 14

**Event 318 Men 30 & Over 50 LC Meter Manikin Carry**

Name	Age	Team	Finals Time
1 Johnston, Matt	35	COWN	39.92 20
2 Gilbert, Brad	47	COWN	45.30 18
3 Kruger, Ian	47	COWN	50.60 16
4 Moores, Tony	58	COWN	53.87 14

**Event 319 Women Open 4x50 LC Meter Medley Relay**

Team	Relay	Finals Time
1 LMBM	A	2:06.41 20
1) Ikuna, Suna 22	2) Pickles, Jenna 19	
3) O'Neil, Lydianna 16	4) Vienneau, Katie 19	

2 COWN	A	2:07.64 18
1) Swedlo, Eli 17	2) Fisher, Erika 17	
3) Bushrod, April 16	4) Martens, Alana 16	
3 CWCLC	A	2:11.76 16
1) Hnatiuk, Holly 20	2) Letal, Iris 16	
3) Frostad, Margot 15	4) Burkart, Jess 27	
4 COWN	B	2:14.58 14
1) Rost, Caitlyn 16	2) Billings, Danielle 17	
3) Toombes, Lucy 18	4) Moores, Heidi 16	
5 OKOT	A	2:15.58 13
1) Harris, Julia 18	2) Brown, Lisa 48	
3) Kearns, Anna 16	4) Gale, Carys 17	
6 DRVLY	A	2:24.68 12
1) Birnie, Abby 17	2) Mugridge, Julia 17	
3) Babuik, Natasha 17	4) Musiyowski, Acadia 16	
7 CAMRO	A	2:29.70 11
1) Isik, Sevcan 17	2) Barr, Heather 46	
3) Lupul, Raelene 21	4) Vogel, Kayla 15	
8 COWN	C	2:51.01 10
1) Smyke, Roxanne 48	2) Watkins, Susan 49	
3) Billings, Allyson 47	4) Swedlo, Amy 49	

**Event 320 Men Open 4x50 LC Meter Medley Relay**

Team	Relay	Finals Time
1 COWN	A	1:55.31 20
1) Kruger, Max 18	2) Johnston, Matt 35	
3) Swedlo, Aaron 15	4) Smyke, Joel 20	
2 WOLC	A	2:02.65 18
1) Rasmuson, Teague 15	2) Good, J.R. 15	
3) Verbaas, Ethan 16	4) Allaway-Brager, William 17	
3 COWN	B	2:25.52 16
1) Moores, Tony 58	2) Gilbert, Brad 47	
3) Kruger, Ian 47	4) Fisher, Alex 52	
4 CAMRO	A	2:25.61 14
1) Saby, Nathaniel 27	2) Beard, AJ 25	
3) Verbaas, Nolan 14	4) Brager, Sam 15	