



HOW TO

Running a Swim Transition Instructor Clinic

This How To is designed to help guide you through the process of running a Swim Transition Instructor Clinic. This clinic was established by Lifesaving Society Canada and the Canadian Red Cross to help Red Cross Water Safety Instructors become Lifesaving Society Swim for Life Instructors through a simplified process. A couple of quick notes before you get started:

- The last day for Swim Transition Instructor Clinics to run will be December 31, 2022
- Co-teach requirements associated with Lifesaving Society certifications have been waived during this transition period
- Canadian Red Cross has extended all Swimming and Water Safety certifications to December 31, 2022; proof of Red Cross certification is required to complete the Clinic

1. Download Your Resources

- Swim Instructor Clinic Presentation
- Swim Instructor Presentation Speaker Notes
- Swim Instructor Clinic Trainer Guide
- Swim Instructor Clinic Participant Completion Form

2. Review Training Content

If you have any questions about the training content call our office at 780-415-1755 or email experts@lifesaving.org

3. Identify Your Trainer

Swim Transition Instructor Clinics in Alberta and the Northwest Territories do not require a special certification to run. It is up to you to decide who the best person to deliver the content is - it could be a trainer or a supervisor.

4. Identify Staff to Transition

Identify which staff of yours need to complete the clinic and schedule your training.
Remember to inform your staff that they will need to bring their proof of Red Cross WSI certification to complete the clinic.

5. Order Swim for Life Award Guides

It is mandatory that candidates have a Swim for Life Award Guide when taking an in-person clinic.
Purchase guides from our [SHOP](#) or email shop@lifesaving.org. **Shop orders require a 2-week lead time.**

6. Deliver the Clinic!

7. Submit Clinic Participant Completion Form

Send Participant Completion Form and candidate WSI certificates to experts@lifesaving.org

Swim Transition Instructor Clinic Checklist

Download Clinic Resources

Review training content

Clinic trainer:

List staff that need to be transitioned

Clinic date:

Order Award Guides for all staff (minimum 2 weeks before clinic)

Collect proof of Red Cross WSI certification from all candidates

Submit Clinic Participant Completion Form and proof of Red Cross certifications