



LIFESAVING SOCIETY®

*The Lifeguarding Experts*

# Investiture *citations*

Investiture of Lifesaving Honours

RESCUE COMMENDATION CERTIFICATE

OCTOBER 29TH, 2020 | GOVERNMENT HOUSE | EDMONTON, AB

## Isabell Yasinowski

Calgary, AB – December 26, 2019

**THE BRANCH COMMENDATION CITATION** is a branch Rescue Award issued by the Lifesaving Society Alberta & Northwest Territories that may be awarded to a person who is deserving of recognition for a humanitarian act.

On December 21 and 22 of 2019, Isabell Yasinowski completed a Standard First Aid with CPR C and AED course in order to fulfill one of the prerequisites to attain a National Lifeguard Pool Certification.

On Thursday December 26, 2019, at 7:15 PM those skills were put to the test when a 10-month-old infant began choking on a plastic sticker. Emergency Medical Services were notified through a 911 call that was made by Isabell's mom, Amanda Gurney. Isabell rushed to the infant and utilizing her training, she began administering chest compressions and back blows. The infant remained conscious as this intervention was administered. Isabell continued to repeat the chest compressions and back blows while monitoring the infants breathing until Emergency Medical Services (EMS) arrived.

Emergency Medical Services transported the infant to the Alberta Children's Hospital in Calgary. Once at the hospital, the sticker was dislodged, relieving the blockage. As a result the infant made a full recovery.

For her quick recognition, response, and outstanding effort, **Isabell Yasinowski** is awarded the Alberta and Northwest Territories Branch Rescue Commendation.