

*Alberta
Sport, Physical Activity and Recreation (SPAR) Branch
Stage 2 Stakeholder Town Halls
Covid-19
July 9, 2020*



Agenda



1.0 Welcome and Introductions



2.0 Meeting Overview and Updates



3.0 Stage Two Guidance Documents Successes and Challenges



5.0 Discussion on Submitted Topics

6.0 Open Discussion

Government of Alberta
Ministry of Culture, Multiculturalism and Status of Women
Sport, Physical Activity and Recreation Branch

- John Barbour, Manager, Operations and Sector Coordination
- Leah Paton, Senior Advisor, Operations and Sector Coordination
- Marissa Brown, Community Recreation Policy Analyst

Alberta Relaunch Guidance Documents

Guidance Documents created by Alberta Health, in conjunction with Sport, Physical Activity and Recreation (SPAR) Branch:

<https://www.alberta.ca/guidance-documents.aspx>

Guidance for SPAR – Stage 2 (June 30, 2020)

<https://www.alberta.ca/assets/documents/covid-19-relaunch-sports-physical-activity-and-recreation.pdf>

Alberta Daily Health Checklist – (June 22, 2020)

<https://open.alberta.ca/publications/covid-19-information-alberta-health-daily-checklist>

Guidance for Cohorts – (June 23, 2020)

<https://www.alberta.ca/assets/documents/covid-19-relaunch-guidance-cohorts.pdf>

Hand Sanitizer usage – (June 23, 2020)

<https://www.alberta.ca/assets/documents/covid-19-relaunch-guidance-hand-sanitizer.pdf>

General Guidance

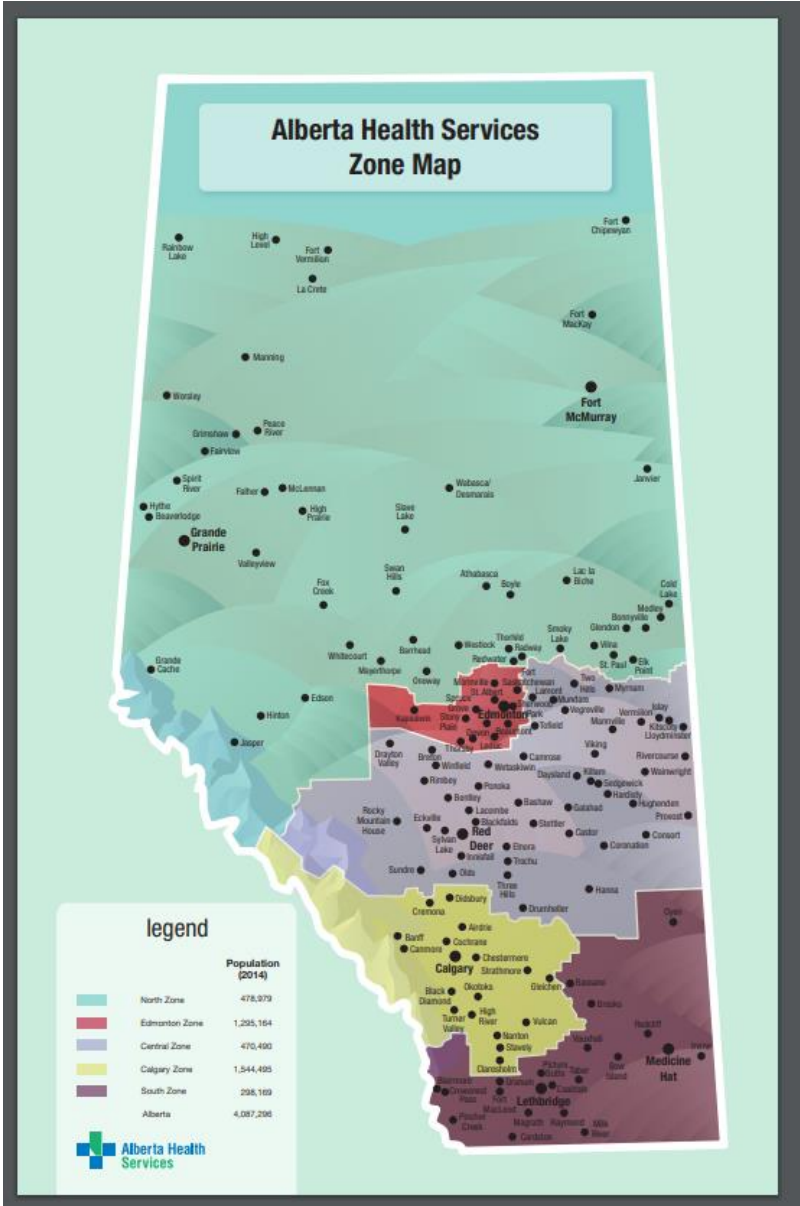
- Outdoor activities are better than indoor. For indoor activities, consider conducting training outside while the weather is nice, if possible
- Physical distancing of two metres (three metres for high intensity activities) is better than cohorts
- Daily Screening and Participant Tracking are requirements of organizers. Records should be kept for at least two weeks
- No shared personal items (towels, water bottles, shared snacks)
- Reduce the number of shared items /implements if possible
- Clean shared items often
- Clean common touch points often
- Communicate and practice hand hygiene and respiratory etiquette
- If first aid is required, the responder should be wearing a mask. If non urgent care, the athlete should wear a mask as well

Cohorts

- Cohorts are options for activities that are unable to physically distance
- A cohort is defined as a closed group of no more than 50 individuals who participate in the same activity
- Groups of 50 people may participate together in a cohort
- Cohorts include all individuals involved in the activity not able to physically distance (instructors, participants, and volunteers). Instructors may provide instruction of multiple cohorts **ONLY** if physically distancing.
- Each club can be comprised of multiple groups, to a maximum of 50 people. Within each club, participation can resume between groups. Clubs must be limited to participants within the same cohort.
- Cohorts allow clubs to return to a safe level of play, and will help to mitigate risk of widespread transmission by limiting the number of participants that come within close contact
- Clubs in different cohorts should not play each other
- Participants are asked to participate in only **ONE** cohort at a time
- Cohort duration – through the end of Stage 2, or earlier with two week break from cohort
- Changing cohorts does not require quarantine or isolation - rather, the participants can not join another cohort for 14 days since their last involvement with their previous cohort
- Participants should physical distance where possible, when not participating in activities.
- It is recommended that activities be supervised by a responsible person whose role is oversight, maintenance of the group and a liaison with the facility
- If using cohorts, this should be communicated clearly to your participants, along with the expectation that individuals are only participating in one activity cohort

Regions and Travel

- For Stage 2 of Relaunch, activities should be restricted to local community opportunities within the same geographical region (e.g., within a county, town or quadrant of a city)
- Participants should not seek sport, physical activity and recreation opportunities in other regions, or outside of the province
- Cross-jurisdictional, or inter-regional, play should not occur at this stage
- Seek sport, physical activity and recreation opportunities in your own community. This means your neighbourhood, town or municipality.
- Alberta is divided into five health zones: South, Calgary, Central, Edmonton, and North. A map of the five zones can be found at <https://www.albertahealthservices.ca/assets/zone/ahs-map-ahs-zones.pdf>
- Albertans should only participate in cohorted sports and physical activities within the zone where they reside; at this time, do not mix (or engage in play) with cohorts from different zones/regions within Alberta (inter regional) or outside of or out of province (cross jurisdictional).



Open Discussion

