

Ripples

Alberta and Northwest Territories Monthly Newsletter

Covid-19 Update from the Society

The Society continues to monitor the Covid-19 situation and has the following updates:

Business Hours

The office remains closed to the public. We are still shipping and receiving products daily and have reduced hours on the phone from 1-4pm.

Certification Extensions

All Lifesaving Society certifications will be extended for 3 months once facilities are permitted by Public Health to re-open. The Government of Alberta's Medical Director of Occupational Health and Safety has permitted First Aid certifications to be extended as well.

Lifesaving Sport

The Alberta and Northwest Territories Pool Lifesaving Championships and Junior Games was cancelled. Nationally the Canadian Lifeguard Emergency Response Championship, and Canadian Pool Lifesaving Championships have been cancelled.

Internationally Rescue 2020 which was to take place in Riccione, Italy has been cancelled.

Online Courses

The Society has seen much interest from Members and Affiliates in online courses. We are actively working to develop courses and have established an online training academy. The official launch of the new Training Academy will come this week.

COVID-19 INFORMATION

HELP PREVENT THE SPREAD

Prevention starts with awareness. Be informed on how you can protect yourself and others from COVID-19.

- Now mandatory to self-isolate for 10 days if you're feeling sick
- Now mandatory to self isolate for 14 days if you're returning from international travel, or in close contact with people confirmed to have COVID-19
- Stay home – if you must leave your home, maintain physical distancing of 2 metres
- Wash your hands frequently for at least 20 seconds
- Cover coughs and sneezes
- Avoid touching your face

Stay informed on how you can help prevent the spread.

alberta.ca/covid19

March 31, 2020

Alberta

Guidelines for Relaunching Aquatics

The Society is currently developing guidelines for aquatic facilities to consider when planning for re-opening their facilities. The Government of Alberta has indicated that recreation centres fit into Stage 3 of the Alberta Relaunch plan. To prepare for relaunch the Society will publish guidelines for organizations to consider when planning to open their facilities. We will also host a online session for members to review the guidelines and answer questions.

More information on this session will be distributed soon.

Annual General Meeting (AGM)

For the first time our Annual General Meeting will take place online.

Date: Friday June 20, 2020

Time 1-2pm

[Register here](#) if you are able to attend.

COVID-19 INFORMATION

PRACTICE PHYSICAL DISTANCING

Keep at least 2 metres (about the length of a hockey stick) between you and others. If you are too close to someone who coughs or sneezes, you risk breathing in tiny droplets that could contain the COVID-19 virus.

alberta.ca/covid19

April 1, 2020

Alberta

Covid-19 Resources

The following resources will be beneficial for employers and employees in responding to Covid-19.

WCB: premium relief for employers

In March 2020 the Alberta government announced new measures to provide immediate financial support to private sector employers during the COVID-19 outbreak.

WCB: Covid-19 worker fact sheet

Most instances of COVID-19 are not work-related and do not need to be reported to WCB-Alberta. However, there are a few exceptions.

WCB: Covid-19 employer fact sheet

The novel coronavirus (COVID-19) has raised many questions about coverage, reporting responsibilities and process. The following information helps you determine your responsibility as an employer during this pandemic flu.

OHS Resource Portal

Resources on minimizing risk from respiratory viruses in the workplace.

Workplace Guidance for Alberta's Relaunch

This document has been developed to support all business and sectors (excluding health care settings) in reducing the risk of transmission of COVID-19 among workers, volunteers and patrons. This document outlines the criteria that should be addressed in individual, written workplace policies and procedures established to address the COVID-19 pandemic response. All workplaces are expected to develop and implement these policies and procedures prior to re-opening or continuing operations after May 1, 2020.

Employment Standards Changes

A link to all the changes in employment standards as a result of Covid-19.

New Products

Surgical Masks \$82.50 / box of 50 masks + GST and Shipping

Health Canada approved 3 sheet surgical masks with anti-bacterial filter are now available for pre-order. The masks will begin shipping at the end of May.



Training Programs

Trainer Recertification

[Online](#) - June 13, 2020

Register at <http://courses.lifesaving.org>

[Online](#) - August 15, 2020

Register at <http://courses.lifesaving.org>

[St. Albert](#) - November 21, 2020

Location: Fountain Park Recreation Centre

Reminder: Within the Online Trainer Recertification course, certain Instructor certifications can also be recertified, as identified at the time of registration. First Aid Instructor is only recertified by attending a First Aid Instructor Recertification Course.

Trainer Course

[Online](#) - Starting May 22, 2020

Register at <http://courses.lifesaving.org>

[Calgary](#) - September 18 - 20, 2020

Location: Shane Homes YMCA at Rocky Ridge

Candidates must complete the [Trainer Application Form](#) and send it to the Lifesaving Society office for approval prior to registering for the course.

National Lifeguard Instructor and First Aid Instructor Recertification

See [Find a Course](#) for Recertifications. Note that due to Covid-19 many courses are cancelled or differed. The Lifesaving Society has extended the currency of all certifications that would no longer of been current after March 1, 2020. The extension will be for 3 months from the date that public health restrictions are lifted on swimming pools.

New Products

Officials Shirts \$9.75 + GST and Shipping

Available in Blue or White. Cotton T-shirts with unisex sizing.

[Order Today!](#)



Buddy Bookings

All Buddy bookings have been placed on hold as a result of Covid-19. Any organization that has a Buddy booking will be contacted. We will notify you when bookings can be resumed.



National Drowning Prevention Week

National Drowning Prevention Week will take place between July 19-25, 2020. The [Social Media and Action Plan](#) have been updated and are now available on our website.

July 19-25, 2020

National Drowning
Prevention Week

LIFESAVING SOCIETY

Affiliate Webinars

The Lifesaving Society will be hosting two online webinars for Affiliate Delivery Partners to provide key updates on our programs, services and events. If you are the designated affiliate representative please mark your calendar for one of the follow dates:

- NWT Affiliate Webinar - Wednesday, May 13, 2020 at 11:00am
- Alberta Affiliate Webinar - Thursday May 14, 2020 at 11:00am

Watch your email for registration information!