March 2020



Ripples

Alberta and Northwest Territories Monthly Newsletter

Drop Drownings Event!

The Lifesaving Society Alberta and Northwest Territories invites you to join us for our first Drop Drownings Event!

This event is a series of TedTalk style presentations with games and prizes, making it a great evening out! The focus of the event is to bring more engagement and awareness to drowning prevention initiatives.

This event is great for Lifeguards, Swim/Lifesaving Instructors, as well as Injury Prevention and Health Care Students.

The theme for this event is Ocean/Beach. Dress in your best beach wear & win prizes for best costume!

Get your tickets TODAY or pay at the door for \$25!



Registration is now open for the 2020 Alberta and Northwest Territories Pool Lifesaving Championships and Junior Games. Please register your club athletes and coaches as soon as possible. These championships are open to affiliate lifesaving clubs and registered athletes from across Alberta and the Northwest Territories.

Date: April 3-5, 2020

Location: Max Bell Aquatic Center - Lethbridge, Alberta

All athlete registration must be done through: <u>http://www.lifesaving.org</u> The entry deadline is: **Sunday, March 29, 2020 @ 11:00 pm MST**.

Interested in Volunteering?

Volunteer applications may be completed online <u>HERE</u>. Deadline to apply to volunteer: Friday March 27, 2020 at 4:30 pm.



Office Closure

The Lifesaving Society office will be closed on March 31 and April 1, 2020 for our annual inventory. We ask you to please submit all orders by Thursday, March 26 as the last day for shipping is Friday, March 27. Shipping will resume Thursday, April 2.

Affiliate Webinar

The Lifesaving Society will be hosting two online webinars for Affiliate Delivery Partners to provide key updates on our programs, services and events. If you are the designated affiliate representative please mark your calendar for one of the follow dates:

- Monday, March 16, 2020 at 11:00am
- Thursday, March 19, 2020 at 2:00pm

Watch your emails for registration information!

Alberta and Northwest Territories Lifeguard Emergency Response Championships

Enormous thank yous to the Town of Jasper as well as Jeremy and Brooke at the Jasper Fitness and Aquatic Center who helped organize the event this past weekend. Thank you to Brad Johnston, and all of the volunteers, for bringing the competition to life! These championships provide an opportunity for professional and team development, that can translate into improved rescue response in the event of an emergency.

The four teams competing navigated an earthquake rescue, a tourist boat crash and a crazy afternoon of injuries on the pool deck! Amazing job to all of the lifeguards who competed.

Yellowhead County took the Championship title this year and will represent Alberta and the Northwest Territories at the Canadian Lifeguard Emergency Response Championships this May in Halifax, NS.

Photos will be posted soon to our Facebook page!



DB Perks Scholarship

Through generous support from DB Perks & Associates Ltd, the Society is able to offer the annual DB Perks Leadership Scholarship Program. The Lifesaving Society awards up to four (4) leadership scholarships each year. These scholarships (valued at \$250 each) are to be used by recipients to advance their leadership capacity in delivering Lifesaving Society education and training programs in Alberta and the Northwest Territories.

Application deadline: March 31, 2020 at 4:30pm

To access the application form click: <u>HERE</u>



Book Buddy TODAY!

Book Buddy to come to your community this summer!! Buddy has the unique ability to draw in and captivate children to teach them about water safety and reinforce his key message to "Always Swim with a Buddy".

To reserve Buddy please complete the <u>Community Activation Request</u> Form.



Training Programs

Trainer Recertification

Medicine Hat - April 25, 2020 Location: Family Leisure Centre

<u>Calgary</u> - June 13, 2020 Location: Brookfield YMCA at Seton

Innisfail - August 15, 2020 Location: Innisfail Aquatic Centre

<u>St. Albert</u> - November 21, 2020 Location: Fountain Park Recreation Centre

Reminder: Within the Trainer Recertification course, certain Instructor certifications can also be recertified, as identified at the time of registration. First Aid Instructor is only recertified by attending a First Aid Instructor Recertification Course.

Trainer Course

Edmonton - May 22 - 24, 2020 Location: ACT Aquatic Center

<u>Calgary</u> - September 18 - 20, 2020 Location: Shane Homes YMCA at Rocky Ridge

Candidates must complete the <u>Trainer Application Form</u> and send it to the Lifesaving Society office for approval prior to registering for the course.

National Lifeguard Instructor and First Aid Instructor Recertification

See Find a Course for Recertifications.

National Lifesaving Sports Awards

The National Sport Commission of the Lifesaving Society of Canada is pleased to promote high performance with the 10th annual national lifesaving sports awards. The National Team selection committee will again select the nominees and winners of the awards for outstanding performance by athletes in 2019.

Furthermore, for the first time, we have created three new categories that will recognize the contribution of officials, coaches and clubs to the growth of the sport from grassroots to high performance. For these new categories, the nominations and awards will be based on the quality of submissions from individuals and branches, not on the quantity of submissions.

A full list of awards and performance criteria for all categories can be read <u>here</u>.

For awards where nominations are being sought (Club, coach and official), any member of the Lifesaving Society may submit a nomination at the following link: <u>https://forms.gle/YHtBeen9EqnW281j8</u> by **March 15th 2020 (11:59pm EST).** Winners will be announced during the 2020 Canadian Pool Lifesaving Championships in Gatineau, Québec on June 6-7 2020.

For further information or clarification, please contact Martin Leprohon at mleprohon@sauvetage.qc.ca or at 514-576-5349.

Alberta Public Pool Safety Standards

The Lifesaving Society released the new Alberta Public Pool Safety Standards on February 6, 2020. It includes easy to find standards for the operation and safety of public swimming pools in Alberta. This document replaces the Public Aquatic Facility Safety Standards which has been retired. You can access the new document at <u>www.lifesaving.org</u>.

LIFESAVING SPORT COACH 1 COURSE

Further prepares coaches to participate in Lifesaving Sport Competitions, and more!

> SATURDAY, APRIL 25 9 AM - 5 PM





Register online: go.uleth.ca/aquatics or call the Customer Service Centre 403-329-2706