



ALBERTA & NORTHWEST TERRITORIES

LIFEGUARD

EMERGENCY RESPONSE COMPETITION

2020

Saturday, February 29, 2020

Jasper Aquatic and Fitness Center, Town of Jasper



LIFESAVING SOCIETY®
The Lifeguarding Experts

Welcome from the Mayor

On behalf of the Municipality of Jasper, it is our pleasure to welcome you to the Jasper Aquatic and Fitness Centre for the 2020 Alberta and Northwest Territories Lifeguard Emergency Response Championships.

We are always proud to have events like this come to our community; they provide a wonderful opportunity for personal and professional development, and allow our local lifeguards and community members to connect with others from throughout the region.

With 4 teams, 30 volunteers and many excited spectators participating this weekend, it is sure to be packed with high caliber competition and a rich exchange of community spirit. We hope you enjoy your visit and encourage you to make the most of your stay. With our partners at Parks Canada, we are proud to offer a wide variety of facilities, activities, attractions and services for your enjoyment. Our residents and businesses welcome the opportunity to show you great hospitality and friendly service for which our small mountain community is renowned.

Thank you to the Lifesaving Society, our Municipal and Aquatic Centre staff, and all of the volunteers for your hard work in hosting this event and for your dedication to drowning prevention initiatives. By promoting this competition in the Municipality of Jasper you are helping to make all of our communities healthier, safer places to call home.



A handwritten signature in black ink, appearing to read 'Richard Ireland'.

Richard Ireland
Mayor of Jasper

Welcome from the Lifesaving Society Alberta and Northwest Territories

The Lifesaving Society Alberta and Northwest Territories welcomes you to the 2020 Lifeguard Emergency Response Championships. We would like to thank the Town of Jasper for welcoming us here for this exciting event.

The Lifesaving Society enhances the quality of life of residents of Alberta and the Northwest Territories by setting health and safety standards, lifeguard standards, collaborating with partners for injury prevention, and making Alberta and the Northwest Territories a safer place to live, work, and play. Annually, over 1.2 million Canadians participate in the Lifesaving Society's swimming, lifesaving, lifeguard, first aid, and leadership programs.

The Lifesaving Society is a national charity working to prevent drowning and water-related injury. We save lives and prevent injury through our training programs, Water Smart® public education, water incident research, aquatic safety services, and lifesaving sport. We are proud to be the governing body for Lifesaving Sport in Canada. We help Albertans stay active through our many programs and also through the only sport which skills are first learned for humanitarian purposes!

We could not host the Championships without all of the volunteers, officials, lifeguard teams and local staff. Thank you all for your valuable time and ongoing commitment to lifeguarding and keeping our communities safe.

To all of the amazing and talented teams, I know that you have invested countless hours into training and preparation for these championships. I sincerely hope that this is an opportunity for you to recognize your accomplishments and successes, and for you to build community with your fellow lifeguards. Enjoy the 2020 Alberta and Northwest Territories Lifeguard Emergency Response Championships! Good luck and have fun!



Davi Grossi
President Elect



Kelly Carter
Executive Director

To donate or learn more about the Lifesaving Society, Canada's Drowning Prevention Charity, please contact at 780-415-1755, experts@lifesaving.org or visit our website www.lifesaving.org.

Your donation will make a difference in creating a drowning-free future through support for our training programs, Water Smart® public education, water incident research, aquatic safety management services, and lifesaving sport.

Lifeguarding Competitions

Lifeguarding often comes down to a race in the water to rescue a person in distress before the victim drowns. Being prepared (with fitness, skill, knowledge and judgment) to win that race means being prepared to save lives. So, it should be no surprise that the promotion of competition was part of the aims of the Royal Life Saving Society at its formation in 1891.

In 1973, the Society hosted the first Alberta and Northwest Territories Lifeguard Championships which featured emergency response and physical events. In the 2000s the Lifesaving Society integrated new ILS events which include Simulated Emergency Response Competition (SERC) to sport in Alberta and Northwest Territories.

In 2020 the Lifesaving Society created the new Lifeguard Emergency Response Competition Rulebook to define official rules for Lifeguard Emergency Response competition in Alberta and Northwest Territories.

Event Descriptions

Priority Assessment

The simulated emergency at an unsupervised aquatic environment will consist of multiple victims within a designated competition arena. Teams will apply knowledge, judgement, and lifesaving skills to identify victims and provide a rescue response. The simulated emergency situation will be unknown to teams prior the start signal. On an acoustic signal teams will have two (2) minutes to respond to the emergency situation unfolding before them.

First Aid Competition

The simulated emergency will consist of multiple victims within a designated competition arena. Teams will use their knowledge, judgement, and skills to assess and treat victims, manage the emergency scene, and call for required assistance within the time limit. On an acoustic signal teams will have five (5) minutes to respond to the emergency situation unfolding before them.

Water Rescue Competition

The simulated emergency at a pool will consist of multiple victims within a designated competition arena. Teams will use their knowledge, judgement, and skills to assess and treat victims, manage the emergency scene, and call for required assistance within the time limit. On an acoustic signal teams will have five (5) minutes to respond to the emergency situation unfolding before them.

Schedule of Events

Saturday February 29, 2020	
8:00 am	Volunteer and Team Check-in
8:15 am	Opening Ceremonies
8:30 am	Team Lock Up - First Aid Event
9:00 am	First Aid Event
11:00 am	Team Lock Up - Priority Assessment Event
11:30 am	Priority Assessment Event
1:00 pm	Lunch Break
2:00 pm	Team Lock Up - Water Rescue Event
2:30 pm	Water Rescue Event
5:30 pm	Award Presentations and Closing Ceremony
7:45 pm	Dinner Celebration

Stay Connected

Social Media

Instagram: @lifesavingsocietyabnwt

Facebook: Lifesaving Society Alberta and Northwest Territories

Snapchat: @lifesavingabnwt

Twitter: @lifesavingabnwt

Youtube: Lifesaving Society AB/NWT

Use the hashtag #LERC2020 in your posts throughout the competition!

Thank You to Our Sponsors

