



Policies and Procedures Amendment - Effective March 1, 2019

Leadership Programs Policy Update

1.1 Swim Instructor (SI)

Instructor Course Delivery Options (For Swim Instructor and Lifesaving Instructor)	
Instructor Course	Course Length
Swim	32 hours
Lifesaving	32 hours
Swim and Lifesaving	40 hours

4.1 First Aid Instructor (FAI)

Pre-approval Application: Not required.

3.1 National Lifeguard Instructor (NLI)

Pre-approval Application: Not required.

Prerequisites: National Lifeguard in 1 of the topical streams, Lifesaving Instructor or higher, Two (2) years lifeguarding experience.

Experience teaching Lifesaving Society certification programs (recommended)

Apprenticeship: After course. Apply to apprentice on original National Lifeguard Pool or National Lifeguard Waterfront course.

Appointment: Instructors will be appointed as National Lifeguard Examiners by the Branch and may certify candidates in in the topical streams for which they hold candidate level awards in (need not be current).

Leadership Recertifications Policy Update

8.2 First Aid Instructor Recertification

The First Instructor Recertification course evaluates Instructor level 1 leadership competencies, facilitates networking and provides Instructors with updates from the Lifesaving Society.

A Standard First Aid Recertification or Aquatic Emergency Care Recertification must be co-delivered with the First Aid Instructor Recertification course.

Affiliates must submit Standard First Aid or Aquatic Emergency Care Candidate test sheets along with Standard First Aid Instructor Test sheets for awards to be released.

To be Eligible to recertify First Aid Instructors are required to:

- Teach a minimum of four (4) courses/recertifications containing first aid content in their two (2) year currency period - recommended 2/year.
- Have a current Lifesaving Society Standard First Aid or Aquatic Emergency Care.
- Completed all mandatory updates (as required).

Instructors will be appointed as Examiners by the Branch in the topical streams they hold the candidate award in.

Certification Currency: 2 years from the date of recertification.

8.3 National Lifeguard Instructor Recertification

The National Lifeguard Instructor Recertification course evaluates instructor level 3 leadership competencies, facilitates networking and provides instructors with updates from the Lifesaving Society.

National Lifeguard Instructors are required to have completed all mandatory updates (as required).

Instructors will be appointed as National Lifeguard Examiners by the Branch in the topical streams for which they hold a candidate award in.

Certification Currency: 2 years from the date of recertification.

Programs That Include First Aid Content

Canadian Swim Patrol

- Rookie Patrol
- Ranger Patrol
- Star Patrol

Bronze Medal Awards

- Bronze Star
- Bronze Medallion
- Bronze Cross

National Lifeguard

- Pool option
- Waterpark option
- Waterfront option
- Surf option

Lifesaving CPR

- CPR-A
- CPR-C
- CPR-HCP

Oxygen Administration

Lifesaving Emergency First Aid

Lifesaving Standard First Aid

Aquatic Emergency Care

In-Person Leadership - Recertification		
	First Aid Instructor Recertification ⁽¹⁾⁽²⁾	National Lifeguard Instructor Recertification
Program Policies		
Instructed / Evaluated By	FAT	NLT
Currency (years)	2	2
Program Guidelines		
Course Length (hours)	8 ⁽³⁾	4
Candidate: Instructor Ratio	Minimum 4:1 - Maximum 12:1	
Program Equipment		
Manikins	•	
AED Trainer	•	
Barrier Devices (gloves and masks)	•	
First Aid Kit (practice)	•	
Spineboard	• ⁽⁴⁾	
Program Literature		
First Aid Candidate Workbook	•	
Award Guide	•	•
Program Literature		
Wallet Card	•	•

- Required

Abbreviations Defined | NLT: National Lifeguard Trainer, FAT: First Aid Trainer

Note:

- (1) Recertification in Standard First Aid is mandatory component within First Aid Instructor Recertification
- (2) Requires current candidate level certification for recertification.
- (3) Course length given includes Standard First Aid Recertification. For co-delivering with Aquatic Emergency Care Recertification, an additional 1-2 hours is required
- (4) With Aquatic Emergency Care Recertification co-delivery