

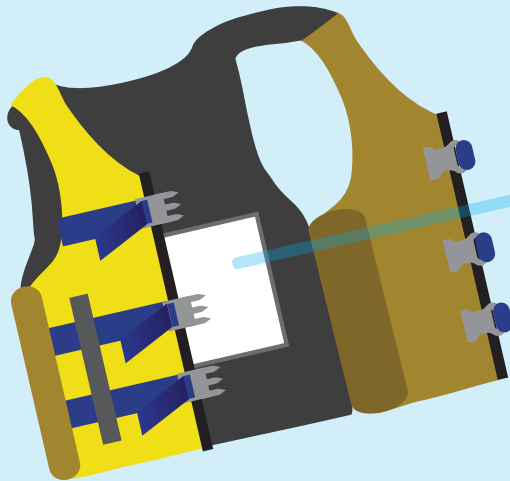
# HOW TO FIT A LIFEJACKET

## 1 SIZE

Lifejackets are selected by weight and/or size. **Always check the label.**



Lifejackets for infants and children have added features of a collar and leg strap.



### READ THE LABEL

- ✓ Check the weight range (i.e. 30 – 60 lbs)
- ✓ Check the chest size (i.e. 30 – 52 inches)
- ✓ Check that it is Transport Canada approved
- ✓ Try it on. Does it fit? Steps 2 and 3 show how to fit the lifejacket correctly.

## 2 FIT

## 3 DOUBLE CHECK TO TEST, LIFT SHOULDERS

Make sure that the lifejacket does not slip over chin and ears. If there is more than 3 inches between the shoulders and the lifejacket, it is too big.



ZIP



CLICK



PULL

Make sure all zippers, clips and straps are done up and tightened.



Now you're ready for the water!



LIFESAVING SOCIETY®  
The Lifeguarding Experts

Lifesaving Society Alberta and Northwest Territories  
Canada's Drowning Prevention Charity  
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