

Training Program pre-requisites for Certification in Alberta and Northwest Territories

Outcome: This chart is designed to provide a guide to achieve required certifications to meet the standard as a Lifeguard or Instructor in Alberta and Northwest Territories.

Country of Certification	Canadian Lifesaving Manual	Bronze Medallion	Bronze Cross	Swim and Lifesaving Instructor	Lifesaving Standard First Aid (SFA) / Aquatic Emergency Care (AEC) ¹	National Lifeguard Service (NLS)
Lifesaving Society (Canada)	Lifesaving Society National Certifications are recognized and transferable between provinces and territories. Please contact your home branch office to have your awards transferred to another Province/Territory.					
Nations with Royal Life Saving Society National Commonwealth Branches, that provide Bronze Medallion, including: • UK • Australia • New Zealand • South Africa	Require: Purchase and Review	Mandatory: Provide proof of certification. Recommend: Review Canadian Lifesaving Manual. Rationale: Lifesaving Society recognizes the RLSS Bronze Program from other Commonwealth Nations.	Mandatory: Challenge an original examination, all items. Recommend: Participation in full course. Rationale: Award can be challenged. ³	Mandatory: Must participate in a Swim & Lifesaving Instructor original course. ² Rationale: Swim and Lifesaving Instructor program can be delivered in multiple formats to meet specific candidate needs.	Mandatory: Provide proof of recognized current certification at SFA/AEC Recertification. Recommend: Challenge an original examination, all items. ³ Rationale: Provincial governments regulate workplace first aid training.	Mandatory: Must participate in a NLS original course. ² Rationale: NLS is the Standard for Lifeguards in Canada. The only way you can obtain certification is through taking the NLS Course.
Other Countries	Require: Purchase and Review	Mandatory: Challenge an original examination, all items. Recommend: Participation in full course. Rationale: Award can be challenged. ³				

¹ Lifesaving Standard First Aid and Aquatic Emergency Care includes CPR-C (Adult/Child/Infant) and AED. Candidates with CPR, AED and O₂ Administration from other agencies may be eligible for recognition of these awards.

² "Original course" can incorporate flexible delivery formats. Recognition and competency from prior learning and possible smaller student-to-instructor ratio may enable an accelerated timeline, provided that the Instructor/Examiner is confident that the candidate has fully achieved the Standard by demonstrating all knowledge, judgement, skills and fitness items.